





Monday
Tuesday - Thursday
Friday
Saturday
Sunday

1:00 p.m. - 9:00 p.m.
11:00 a.m. - 9:00 p.m.
12:00 p.m. - 8:00 p.m.
10:00 a.m. - 5:00 p.m.
CLOSED

Friday & Saturday Late Night Hours

8:00 p.m. - 12:00 a.m.

Holiday Closures

Thanksgiving Day & Day After-November 27,28 Christmas Day- December 25 New Year's Day-January 1, 2004 Martin Luther King Day-January 19, 2004 President's Day-February 16, 2004

Professional Staff

Recreation Center Coordinator

Clint Hooper

<u>Assistant Coordinator - (Acting)</u>

Jose Brown

Teen Development Leader

Christine Lesh

Maintenance Laborer

Mary Jo Rossmann

Recreation Attendants

Janell Owens

Administrative Support Assistant

Elimika James (EJ)

Before & After School Program Director

Heather Patrick

Management Staff

Ken Bounds- Superintendent Christopher Williams- Director of Operations Kate Gray - SW Parks Manager

Telephone Numbers

Office: (206) 684-7423 Fax (206) 684-7424 OnRamp: (206) 933-8629

Address

4501 Delridge Way SW • Seattle, WA 98106.
Located in West Seattle. Take the West Seattle
Bridge Exit off of I-5. Proceed onto the bridge and
take the Delridge Way SW Exit off the West Seattle
Bridge. Drive south on Delridge through two traffic
lights and the community center is on your right
hand side.

ADA Compliance

Accommodation will be made on request for persons with disabilities. If you need sign language interpretation or other accommodations, please call (206) 684–7438 or (206) 233–7061 (TDD only). If possible, please allow 10 working days advance



notice for sign language interpretation or auxiliary aide. If a class or activity is scheduled in an area that is not accessible to wheelchairs, we will make every effort to help find a similar program in a more accessible location.



City of Seattle

Seattle Department of Parks and Recreation

Mission Statement:

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.



Fees & Charges

Programs and activities listed in this brochure are provided by the Delridge Advisory Council under an agreement with the Department of Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of these programs.

Non-Discrimination

As a matter of policy and commitment, the Seattle Department of Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental or physical handicap.

(Seattle Municipal Code 18.12.280)

Refund Policy

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- * Any person who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund
- * Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start date, may receive a refund minus a service charge
- * Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start date will not receive a refund
- * Please read the entire policy, available upon request, for specific information

Waiting List

We will create a waiting lists for all classes that get filled. Please make sure your name is on a waiting list, so if a space becomes available, we can contact you.

Payment

You may pay for classes and other activities by mail, in person during regular operating hours, or by phone with a credit card. We accept Visa, MasterCard, and American Express. If you are paying by money order or check, please make it out to *Delridge Advisory Council*. If your check is returned for insufficient funds, you will be charged a \$20.00 fee.

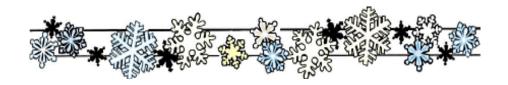
Scholarships

Scholarships are available, as funds allow, for all programs through the Delridge Advisory Council. Application forms are available at the center or call 684-7423 for more information.

Volunteers

There is a great need for volunteers at Delridge Community Center. We need individuals that want to volunteer their time to coach youth sports programs, such as track & field, basketball, girls softball, etc... High School students can earn credit for some service hours completed at the center.





Woman, Infants & **Children (WIC)**

Seattle-King County Department of Public Health

offers a program to all pregnant women and women with infants and children through age five. The program targets those who are considered to be at nutritional or medical risk. Nutritional education, counseling and health specialists who perform nutritional assessments, are available to program participants at no

Please call (206) 296-4755 (M,T,TH,F) or (206) 296-4533 (Wed) for additional information about the WIC program. It could save your baby's life.

Room Rentals

Delridge Community Center is available for private rentals. The facility is available when not scheduled for normal operation. Please call (206) 684-7423 to check desired rental date.



Current Advisory Council Members:

Cleo Peifer, Roger Iida, Edward Laymon, Donna Roseveare, Allen Stowers

Delridge Advisory Council

Advisory Delridge Council, partnership with the City of Seattle Department of Parks and Recreation, takes leadership role by planning organizing programs held at the Center and surrounding play fields. Programs and classes are funded through the Advisory Council.

If you would like to join other citizens and professional staff in planning activities and programs for neighborhood children, teens, adults, and seniors, you are welcome to join Advisory Delridge Council. Delridge Advisory Council meets the 4th Thursday of the month at 6:30 pm.

Please join us! We are always looking for new and fresh ideas to make the Delridge Community Center a fun and educational place to visit!



PRESCHOOL PROGRAM





This fun and exciting playground is equipped with mats, balls, slides, wagons, mini-cars, and much more!

Parents please supervise your child.

The days and times of the mini-gym are Tuesdays-Fridays 9:30 a.m. — 1:30 p.m.

On Wednesdays the mini-gym will be in room #5

The cost is \$2.00/per child
There are mini-gym punch cards
also available









ARTS & CRAFTS

Delridge Community Center

Holds a super Friday and Saturday Late Night Program. Call Delridge Community Center at 684-7423 for more information.

Friday 8:00 p.m.- 11:30 p.m. FREE Saturday 8:00 p.m.- 11:30 p.m. FREE

FREN

Late Night Staff

Damon Barnett Bryan Hayes Clairette Somonski Stephanie Somonski Warrick Tulloss Laura Wilburn



Upcoming Special Event will be the Holiday Dance, on December 20th.

at 9:00 p.m.-11:30 p.m.



* Drills & Skills

* Free Throw Contest

Upcoming Events

- * 2 Ball Contest
- * Board Games

JOIN US!

Come join the Late Night Teen Advisory Council.

Plan Dances

Get Community Service Hours Towards School

Take Trips

Create a Newsletter

And lots more!

For more information Please contact Stephanie Somonski at (206) 684-7423.



PINNO LESSONS





Move Over Mozart

Move over Mozart teaches group lessons to 6 children at a time. Children participate in musical activities and learn from each other as well as from their teacher. They learn to play familiar tunes on the piano along with reading music and music theory.

10 weekly sessions for \$79.00 per student + \$10.00 annual registration fee.

Tuesdays: January 13th - March 23rd, 2004

For more Information call or Move Over Mozart (206) 684-7423 or (425) 415-6520 / (206) 227-1611



Times:

5:30 – 6:00 p.m. 5 & 6 yrs. Old 6:00 – 6:30 p.m. 7 & 8 yrs. Old 6:30 – 7:00 p.m. 9 –12 yrs. Old



Delridge Teen Program



The Teen Program is a DROP-IN program for Teens ages 13-19 years old. We have fun stuff like pool, foosball, games, open gym, movies, PS2 or just come

in and hang out with friends. We also offer structured activities daily, such as workshops and fieldtrips. It cost nothing to attend the program. Most all of our activities are free with the exception of some events such as overnighters and some fieldtrips. To get more info about this program pick up a monthly calendar for specific times and events.

* Please note: some programs require preregistration and may be cancelled if minimums aren't met. During "DROP-IN" activities participants may come and go, supervision is provided inside and during the event, but not outside or after the event. If you are interested in the TEEN PROGRAM please contact Christine Lesh, Teen Leader. (206) 684-7423 or Christine.Lesh@seattle.gov





Do you need service learning hours to graduate?

A plethora of activities exist for you to get involved in the community! Come help at our Halloween carnival, a beach clean-up, can food drives, holiday wrapping and many other projects. Whether it's to fulfill community service requirements for school, or just to lend a helping



Winter Ball & Overnight

@ Bitter Lake CC

December 19-20, 2003
7:00 p.m.-8:00 a.m. (next day)

It is the first night of the Holiday Break, so come dance the night away. We will also have movies, video games, ping pong, pool, midnight relays, karaoke, and a food eating contest.

Advance registration is required by Dec. 12th.





T.A.G

Delridge Teen Advisory Group

Held monthly, every third Wednesday, in conjunction with the Teen room. This is your opportunity to get more involved and have a say in what effects teens in the Delridge area. Come share your thoughts and ideas.



TEEN PROGRAMS



TEEN PROGRAM MONTHLY ACTIVITIES SCHEDULE

CULTURE NIGHT

Join us while we check out great plays, museums, ballets, international & independent films, spoken work shows, MC & breakin battles & exotic places to eat. Once a month we will be checking out some of the great cultural activities Seattle has to offer.

SCRAPBOOKING

Do you have tons of pictures in boxes? Bring them to our scrap booking workshops. We will take a trip to the scrap booking store once a month to get supplies, ideas & attend workshops. We'll use the ideas and supplies to make great scrap books of our own.

LATE NIGHT HOP

Are you curious about other Late Night programs? Once a month we'll check out Late Night Programs at other community centers as well as those in outlying cities like Redmond, Bellevue, Shoreline, Kent and more. We will depart one Friday a month. For dates & times, come to our D-TAG meetings and help decide what Late Night Programs you would like to visit.

* CHECK OUR MONTHLY CALENDAR TO FIND OUT WHEN THESE EXCITING EVENTS WILL BE HAPPENING!

POWER OF HOPE

The **Power of Hope** programs are for youth, ages 14 to 18, who want to take an active role in creating a positive future and have a great time in the process. Our programs provide intensive opportunities to learn from and create meaningful relationships with adult social change activists, artists and nature educators. We encourage youth to discover their own creativity and sense of purpose, and to develop their leadership skills as they return to their communities and speak out about issues that matter to them.

WEEKEND YOUTH VOICES

During the school year, we offer weekend programs in the fall and spring for youth ages 14-18 years. These retreats are a place for youth from all over the Northwest to join with our team of artists, musicians, naturalists and community leaders and innovators for a high-energy weekend of workshops, performances, fun and community building.



<u>POWER OF HOPE & DELRIDGE CC PRESENT</u>

Youth Voices an after school program dedicated to building community and leadership within a diverse group of high school aged youth, who come together through the school year. If you are an adult or youth who is interested in music, theater, mural making, radio, poetry, rap, spoken word, drumming, and dancing, we love to have you. Youth Voices is an opportunity not to miss! Youth are not only the leaders of tomorrow, but are leaders today so let your voice be heard!

CHECK OUR TEEN CALENDAR FOR DATES

AND LOCATIONS.

YOUTH BASKETBALL

LEARN THE FUNDAMENTALS OF BASKETBALL FOR YOUTH AGES 5-17 YEARS. LEARN TO PLAY THIS SPORT COMPETIVELY. PROOF OF AGE (BIRTH CERTIFICATE), SPORTS REGIS-

TRATION FORM WITH PARENT SIGNATURE AND A \$40.00 FEE REQUIRED TO PLAY.



GIRLS SOFTBALL

THIS SPRING, DELRIDGE COMMUNITY CENTER WILL BE FORMING A GIRLS SOFTBALL TEAM. COME MAKE NEW FRIENDS AND PLAY THIS WONDER-FUL SPORT. OPEN FOR GIRLS AGES 8-17.



VOLUNTEER COACHES NEEDED!

Do you have knowledge of a sport you would like to teach? Do you enjoy working with kids? We are always looking for adults to coach our kids in different sports such as basketball, volleyball, softball, and track & field.

If you are interested in coaching at Delridge Community Center, please come by and pick up a volunteer packet, or call (206) 684-7423 for more information.



Santa Sleigh Run





WHEN: SAT. DECEMBER 13TH
WHERE: DELRIDGE COMM. CNTR.

TIME: 1:00-3:00 P.M.



FREE FOR CHILDREN AGES 0-11.

MEET OL' SAINT NICK AND HIS PALS FOR A WONDERFUL HOLIDAY GIFT GIVEAWAY. ALSO TAKE A HOLIDAY PHOTO WITH SANTA.

Program 2003-2004 School Year



The Delridge Community Center offers a safe and supervised Before & After School Program for school aged children ages 5-12 years old.

Each month has a different theme which involves arts & crafts, cooking, special field trips, games, and most important is homework & reading time. Snacks are also provided for both programs.

There will be additional fees for the days children are out of school.

Before School Monthly Fees: Mon.– Fri. 6:00 am - 9:00 am \$175.00/per child



After School Monthly Fees: Mon.- Fri. 3:00 pm- 6:00 pm \$230.00/per child





















WINTER BREAK CAMP

During the Winter Break at all Seattle Public Schools, Delridge Community Center will offer an All Day Camp. For ages 5-12 years old. Pre-registration is required in advance. Payment is due at the time of registration. Space is limited! Registration date starts on December 1, 2003.

Please provide your child with lunch daily, there will be breakfast and snack provided.

Session I:

Dec. 22-26, 2003 6:00 a.m.-6:00 p.m. (Christmas Eve) 6:00 a.m.-1:00 p.m. \$100.00/week or \$25.00/per day / for each child.

Session II:

Dec. 29-Jan. 2, 2004 6:00 a.m.-6:00 p.m. (New Year's Eve) 6:00 a.m.-1:00 p.m. \$100.00/week or \$25.00/per day / for each child

PROGRAMS ADULT

Fitness Room

The fitness room at Delridge Community Center offers weight machines, free weights, three treadmills, two step machines and stationary cycles.

Hours of the Fitness Room:

1:00 p.m. - 8:45 p.m. **Mondays Tuesday—Thursday** 11:00 a.m. - 8:45 p.m. Fridays 11:30 a.m. - 8:00 p.m. Saturdays 10:00 a.m.-4:45 p.m.

Cost per visit: \$2.00

5-visits \$8.00 save 20% 15-visits \$20.00 save 33% 30-visits \$30.00 save 50%



Special Pops Cooking



This cooking class is for adults with disabilities. Come and learn the basic skills for preparing and cooking healthy meals. They will learn what's



needed to prepare a meal from beginning to end and eat their finished meals.

Tuesdays Session #1 January 6 — February 3, 2004

Session #2 Tuesdays February 17 — March 16, 2004

Times 6:30 — 8:30 p.m.



To register for this program, please call Specialized Programs Office at (206) 684-4950.

Adult Tap I

January 7 — January 28, 2004
February 4 — February 25, 2004
March 3 — March 31, 2004
G:45 p.m. — 7:45 p.m.
S30.00/4 week session
Instructor: Susan Wright

To attend both classes the fee will be \$50.00/per 4 week session.

Dance Classes

Salsa Dancing

Seattle Salsa's scene is popping with events and activities from around the world. Learn Salsa the way it is danced by people of all ages in the smallest Latin towns to some of the most exciting nightclub scenes around the world. No partner necessary.

Mondays: January 12 — March 8, 2004

Time: 7:00 p.m. − 8:30 p.m.

Cost: \$70.00

Where: Delridge Community Center

-

Ballroom Dancing 1

Glide across the floor with ease after taking this beginning ballroom class. Learn how to do the fox trot, waltz, and tango in this easy step-bystep beginning level class. No partner neces-

sary.

Tuesdays: January 6 — February 3, 2004

Time: 6:30 p.m. − 7:30 p.m.

Cost: \$40.00

Where: Delridge Community Center

Jitterbug I

Jitterbug is uniquely American and learning it is an exhilarating experience! If you want to go out dancin', this is the class you need to take! Dance to big band, swing, rock n roll, country, new wave, blues and jazz. No partner necessary.

Tuesdays: January 6 — February 3, 2004

Time: 7:30 p.m. — 8:30 p.m.

Cost: \$40.00

Where: Delridge Community Center

Middle Eastern Dances

Discover yourself through the feminine, ancient dance forms of the Middle East! This beginning class will introduce you to the exquisite movements of Arabix and Turkish belly dance, as well as vari-

ous folk styles of North Africa and Persia.

Mondays: January 26 — March 1, 2004

Time: 6:30 p.m. — 8:00 p.m.





Ballroom Dancing (Intermediate)

Tuesdays: February 10 — March 9, 2004

Time: 6:30 p.m. — 7:30 p.m.

Cost: \$40.00

Where: Delridge Community Center

Add polish to your dancing. This class is the next step to becoming a good ballroom dancer.

JITTERBUG (Intermediate)

Tuesdays: February 10 — March 9, 2004

Time: 7:30 p.m. — 8:30 p.m.

Cost: \$40.00

Where: Delridge Community Center

This class adds new moves and interesting variation

to the beginner course.

Amazing African Cuisine

The African continent presents a huge array of cultures and cuisines. Join us as we explore dishes from the Saharan Desert to the heart of the Dark Continent. We will prepare and sample Moroccan zaalouk (eggplant salad), Tanzanian fruit, rum and cashew salad, Kenyan sabussa (meat and vegetable pastry), Ethiopian ye'assa alicha (curried fish stew), and Congolese spinach-peanut stew.

Tuesday: February 10, 2004

Cost: \$35.00

Time: 5:45 p.m. — 8:45 p.m.



Winter 2003 - 2004 Lab Hours

First Come – First Served. Homework and career development take priority during these hours. Age 5 and older.

Monday 1:00 p.m. — 6:00 p.m. Tuesday —Thursday 1200 p.m. — 5:00 p.m. Friday 1:00 p.m. — 6:00 p.m.

Hours are subject to change without notice.
For more information please contact
Jamie Redd at 933-8629.

Services Available

Internet Access
Career Development:
Resume Writing

Cover Letters
Job Searching
Interview Coaching

Homework Assistance

Social Service Referrals

Computer Literacy Classes (fee)

Faxing (fee)

Photocopying (fee)

Printing (fee)

OnRamp STORE

For your convenience the store sells a variety of supplies:

Floppy disks pens

Resume paper pencils

Resume envelopes stamps
Notebook paper report folders

Greeting cards Envelopes

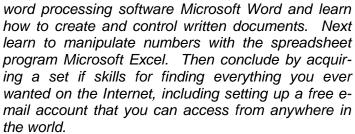
Let us know what else you would like to see in the store, and we will get it for you.

OnRamp Computer Classes Winter 2003-2004

Delridge OnRamp will offer classes in partnership with South Seattle Community College's Continuing Education Department. Winter Quarter, January 5 — March 24, 2004. For more information and to register for these classes, call the Continuing Education Office at South Seattle Community College at (206) 764-5339.

THE COMPLETE BEGINNERS PC COURSE

This package combines our four beginning computer courses. Learn basic computer concepts and terminology in introduction to Personal Computers. then master the fundamental Windows operating system. Once you have learned to run your PC move on to the widely used word processing software Microsoft Word



M/W TBA Time: TBA Cost: TBA

INTRO TO PERSONAL COMPUTERS

Basic computer concepts and terminology related to PC's. Become acquainted with the Windows operating platform and software applications. Not a hands on class, but lecture and question/answer time.

M TBA

WINDOWS FUNDAMENTALS

In this essential beginning-level course learn how to open, close, name, save, and manage files and documents. Learn to switch between programs, troubleshoot problems, and use Windows with ease.

M/W TBA Time: TBA Cost: TBA

GETTING STARTED WITH WORD(BEGINNER)

Learn how to create, save, and close a document, open an existing document and use simple to more advanced editing techniques. Navigate using the mouse and keyboard, use tabs and create a table, use spell check, and save an existing document as a Web page and view it in a browser. BASIC EXPERIENCE.

M/W TBA Time: TBA Cost: TBA

GETTING STARTED WITH EX-CEL (BEGINNER)

Learn basic worksheet skills and how to work with data in a worksheet. Create a basic spreadsheet, formulas, move and copy data with short-cut functions, format a spreadsheet, prepare a document for printing, and save your workbook as a Web page.

BASIC EXPERIENCE.

M/W TBA
Time: TBA
Cost: TBA

Please call the South Seattle Community College at (206) 764-5339 for dates and times of these computer

OnRamp Senior Programs

Personal Computer Basics

Operating a computer does no have to be scary or frus-

trating. Learn fundamental skills necessary to use a computer. Learn how to use the Micro-

soft Windows operating system. Surf the World Wide Web and set up an e-mail account that can be accessed from almost

anywhere in the world. To register for this informative course, call (206) 933-8629.

Classes in January, February, March, please







HELPFUL PHONE NUMBERS



COMMUNITY CENTERS



Alki	684-7430
Ballard	684-4093
Bitter Lake	684-7524
Delridge	684-7423
Garfield	684-4788
Green Lake	684-0780
Hiawatha	684-7441
Jefferson	684-7481
Langston Hughes	684-4757
Laurelhurst	684-7529
Loyal Heights	684-4052

Magnolia 386-4235

Meadowbrook 684-7522

Miller 684-4753 Montlake 684-4736 Queen Anne 386-4240

Rainier 386-1919

Rainier Beach 386-1925 684-7534 Ravenna-Eckstein Southwest 684-7438 South Park 684-7451 Van Asselt 386-1921 Yesler 386-1245



SWIMMING POOLS

Southwest Aquatics	684-7440
Colman (outdoor/summer)	684-7494
Rainier Beach	386-1944
Wading Pools (summer)	684-7996
Mounger Pool (summer)	684-4708





RECREATION INFORMATION

Public Information	684-8020
Compliments/Concerns	684-4075
Picnic Scheduling	684-4081
Field Rain-Out Hotline	684-
4077	
Gym Rentals	684-7095
Youth Athletics	
684-7094	The state of the s
Adult Athletics	684-
7092	A TA

EMERGENCIES

Fire/Medical/Police	dial 911
Poison Center	526-2121
Crisis Clinic	461-3222
Animal Control	386-4354

SPECIAL INTERESTS

Aquarium Woodland Park Zoo Seattle Tennis Center	386-4320 684-4800 684-4764
Daybreak Star Indian Cultur	ral 285-
4425	
Discovery Park	386-
4246	
Carkeek Park	684-0877
Camp Long	684-7434
Japanese Garden	684-4725
Kubota Garden	684-4584
P-Patch	684-0264

SCHOOLS

Highland Park 252-8240

Sanislo

252-8380

Cooper 8170



252-

Delridge Community Center

LOOK INSIDE!

* Sports Activities * Piano Lessons • Fitness Room * Toddler Classes * Career and Computer Access* Volunteer & Community Involvement Opportunities* Dance classes * * Tap/Jazz Classes * After School Care * Before Care* Mini Gym * Free Shoot * Room Rentals *

